

AMA Specifications—Passenger Car

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| | | | |
|---|--|-----------------------------|---------------------------------------|
| MANUFACTURER Pontiac Motor Division General Motors Corporation | | CAR NAME Firebird | |
| MAILING ADDRESS Pontiac, Michigan 48053 | | MODEL YEAR 1968 | ISSUED: 8-23-67 REVISED (e) |

NOTES:

1. The Specifications herein are those in effect at date of compilation and are subject to change without notice by the manufacturer.
2. UNLESS OTHERWISE INDICATED:
 - a. Specifications apply to standard models without optional equipment. Significant deviations are noted.
 - b. Nominal design dimensions are used throughout these specifications.

TABLE OF CONTENTS

| | | | | | |
|-----------------------------|-----|-------------------|--------|-------------------|----|
| Car & Body Dimensions | 1,2 | Drive Units | 14 | Suspensions | 21 |
| Engine - Mechanical | 4 | Brakes..... | 18, 19 | Weights | 24 |
| Electrical..... | 12 | Steering | 20 | Index..... | 27 |

| BODY - TYPES AND STYLE NAMES - | | |
|--|----------------------|-------------------|
| Body type, number of passenger & style names; use manufacturer's code for series & body style. | | |
| Body Type | Number of Passengers | Body Style Number |
| Hardtop Coupe | 5* | 22337 |
| Convertible | 5 | 22369 |

*6 passengers with optional bench type front seat - available for 22337 style only.

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (•)

CAR AND BODY DIMENSIONS

See Pages 25, 26 for SAE Dimension Definitions
(All dimensions in inches unless otherwise indicated)

All dimensions to ground are for comparative purposes only and are shown with vehicle load of two passengers in front and three in rear, except where otherwise noted.

| | | |
|-------|--------------|----------------|
| MODEL | SAE Ref. No. | FIREBIRD 22337 |
|-------|--------------|----------------|

WIDTH

| | | |
|----------------------------|------|------|
| Track - Front | W101 | 60 |
| Track - Rear | W102 | 60 |
| Maximum overall car width | W103 | 72.8 |
| Body width at No. 2 pillar | W117 | -- |

LENGTH

| | | |
|---|------|-------|
| Body "O" to front of dash | L 30 | 0.5 |
| Wheelbase | L101 | 108.1 |
| Overall car length | L103 | 188.8 |
| Overhang - front | L104 | 40.4 |
| Overhang - rear | L105 | 40.3 |
| Body upper structure length | L123 | 95.4 |
| Body "O" line to C of rear wheel | L127 | 90.0 |
| Body "O" line to w/s cowl point | L130 | 9.5 |

HEIGHT

| | | |
|------------------------|-----------------------------|-------|
| Overall height | H101 | 50.0 |
| Cowl height | H114 | 36.0 |
| Deck height | H138 | N. A. |
| Rocker panel - front | To ground | 7.0 |
| | From front wheel C | 33.1 |
| Rocker panel - rear | To ground | 6.2 |
| | From rear wheel C | 20.0 |
| Windshield slope angle | H122 | 52.4 |

GROUND CLEARANCE

| | | |
|----------------------------------|------|------|
| Bumper to ground - front | H102 | 16.9 |
| Bumper to ground - rear | H104 | 14.4 |
| Angle of approach | H106 | 29.9 |
| Angle of departure | H107 | 23.5 |
| Ramp breakover angle | H147 | 10.2 |
| Min. running clearance (Specify) | H156 | 4.3 |

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (*)

CAR AND BODY DIMENSIONS

See Pages 25, 26 for SAE Dimension Definitions
(All dimensions in inches unless otherwise indicated)

| | | |
|-------|--------------|----------------|
| MODEL | SAE Ref. No. | FIREBIRD 22337 |
|-------|--------------|----------------|

FRONT COMPARTMENT

| | | |
|----------------------------------|-----|------|
| Effective head room | H61 | 37.0 |
| Max. eff. leg room - accelerator | L34 | 42.5 |
| H Point to Heel point | H30 | 7.7 |
| H Point travel | L17 | 4.0 |
| Shoulder room | W 3 | 56.7 |
| Hip room | W 5 | 56.3 |
| Upper body opening to ground | H50 | 45.4 |

REAR COMPARTMENT

| | | |
|------------------------------|-----|------|
| H Point couple distance | L50 | 27.4 |
| Effective head room | H63 | 36.7 |
| Min. effective leg room | L51 | 29.5 |
| H Point to Heel point | H31 | 9.4 |
| Min. knee room | L48 | 0.5 |
| Rear Compartment room | L 3 | 22.5 |
| Shoulder room | W 4 | 53.6 |
| Hip room | W 6 | 54.6 |
| Upper body opening to ground | H51 | -- |

LUGGAGE COMPARTMENT

| | | |
|--------------------------------|------|----------------------------|
| Usable luggage capacity | V 1 | 9.9 (a) |
| Liftover height | H195 | 28.0 |
| Position of spare tire storage | | Flat on Floor |
| Method of holding lid open | | Torsion Bar Counterbalance |

STATION WAGON - THIRD SEAT

| | | |
|-----------------------|-----|-------------|
| Shoulder Room | W85 | Not Offered |
| Hip room | W86 | |
| Effective leg room | L86 | |
| Effective head room | H86 | |
| Seat facing direction | | |

STATION WAGON - CARGO SPACE

| | | |
|--|------|-------------|
| Cargo length at floor - front seat | L202 | Not Offered |
| Cargo length at belt - front seat | L204 | |
| Cargo width - wheelbase | W201 | |
| Opening width at belt | W204 | |
| Maximum cargo height | H201 | |
| Rear opening height | H202 | |
| Cargo volume index (cu. ft.) W4 x L204 x H201 | V2 | |

(a) With standard Space Saver Spare Tire - 7.1 cu. ft. with optional E70 x 14 spare tire.

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (*)

POWER TEAMS

(Indicate whether standard or optional)

| MODEL AVAILABILITY | ENGINE | | | | | TRANSMISSION | AXLE RATIO (Std. first) (Indicate A/C ratio) |
|----------------------------------|-------------------|------------------|--------------------|---------------|---------------|--|--|
| | Displ. cu. in. | Carburetor | Comp. Ratio | BHP RPM | Torque RPM | | |
| FIREBIRD 223 | | | | | | | |
| <u>Standard Engine</u> | | | | | | | |
| Firebird | 250 250 | 1 bbl. 1 bbl. | 9.0:1 9.0:1 | 175 @ 4800 | 240 @ 2600 | Manual (3-sp.)(b) Automatic (2-sp.) | 3.55:1, 3.08:1 (a) (g) 3.23:1, 2.41:1 (a) |
| <u>Optional Engines</u> | | | | | | | |
| Firebird Sprint | 250 250 | 4 bbl. 4 bbl. | 10.5:1 10.5:1 | 215 @ 5200 | 255 @ 3800 | Manual (3-sp.)(b) Automatic (2-sp.) | 3.55:1 (e) 3.23:1, 2.78:1, 3.55:1 (c) |
| Firebird 350 | 350 350 | 2 bbl. 2 bbl. | 9.2:1 9.2:1 | 265 @ 4600 | 355 @ 2800 | Manual (3-sp.)(b) Automatic (2-sp.) | 3.23:1, 3.08:1 (e) 2.56:1, 2.93:1 (d) |
| Firebird H.O. | 350 350 | 4 bbl. 4 bbl. | 10.5:1 10.5:1 | 320 @ 5100 | 380 @ 3200 | Manual (3-sp.)(b) Automatic (2-sp.) | 3.36:1 (e) 3.23:1 (d) |
| Firebird 400 | 400 400 | 4 bbl. 4 bbl. | 10.75:1 10.75:1 | 330 @ 4800 | 430 @ 3300 | Manual (3-sp.)(b) Turbo Hydra-Matic | 3.36:1, 3.55:1 (e) 3.08:1, 3.23:1 (f) |
| Firebird 400 H.O. | 400 | 4 bbl. | 10.75:1 10.75:1 | 335 @ 5000 | 430 @ 3400 | Manual (3-sp.)(b) Turbo Hydra-Matic | 3.36:1, 3.55:1 (e) 3.08:1, 3.55:1 (f) |
| Firebird 400 - Ram Air Option | 400 400 | 4 bbl. 4 bbl. | 10.75:1 10.75:1 | 335 @ 5300 | 430 @ 3600 | Manual (4-sp.) Turbo Hydra-Matic | 3.90:1 (e) 3.90:1 (e) |

- (a) 3.23:1 With air conditioning
 (b) 3-sp. standard - 4-sp. optional
 (c) 3.08:1 With air conditioning
 (d) 2.78:1 With air conditioning
 (e) Air conditioning not available
 (f) 2.56:1 With air conditioning
 (g) 3.08:1 Not available with 4-speed manual transmission

AMA Specifications—Passenger Car

| | | | | | | |
|-------------|----------|-----------------|--------------|----------------|--------------|------------------------|
| MAKE OF CAR | Pontiac | MODEL YEAR | 1968 | DATE ISSUED | 8-23-67 | REVISED ^(*) |
| MODEL | FIREBIRD | FIREBIRD SPRINT | FIREBIRD 350 | FIREBIRD H. O. | FIREBIRD 400 | |

ENGINE – GENERAL

| | | | | | | |
|---------------------------------------|-----------------------|-----------------------|------------------|---------------|------------|-------|
| Type, no. cyls., valve arr. | Line, 6, Overhead Cam | | 90°V, 8, In-Head | | | |
| Bore and stroke (nominal) | 3.8750 | 3.525 | 3.8750 | 3.746 | 4.1200 | 3.746 |
| | 3.8774 | 3.535 | 3.8774 | 3.754 | 4.1224 | 3.754 |
| Piston displacement, cu. in. | 250 | | 350 | | 400 | |
| Bore spacing (C to C) | 4.4 | | 4.62 | | | |
| No. system (front to rear) | L. Bank | 1-2-3-4-5-6 (In-Line) | | 1-3-5-7 | | |
| | R. Bank | --- | | 2-4-6-8 | | |
| Firing order | 1-5-3-6-2-4 | | 1-8-4-3-6-5-7-2 | | | |
| Compress. ratio (nominal) | 9.0:1 | 10.5:1 | 9.2:1 | 10.5:1 | 10.75:1 | |
| Cylinder Head Material | Alloy Cast Iron | | | | | |
| Cylinder Block Material | Alloy Cast Iron | | | | | |
| Cyl. Sleeve-Wet, dry, none | None | | | | | |
| Number of mtg. points | Front | 2 | | | | |
| | Rear | 1 | | | | |
| Engine installation angle | 3° 35' | | | | | |
| Taxable horsepower | 36.0 | | 48.0 | | 54.3 | |
| Publishing max. bhp* @ eng. RPM | 175 @ 4800 | 215 @ 5200 | 265 @ 4600 | 320 @ 5100 | 330 @ 4800 | |
| | 240 @ 2600 | 255 @ 3800 | 355 @ 2800 | 380 @ 3200 | 430 @ 3300 | |
| Recommended fuel regular – premium | Regular | Premium | Regular | Premium | | |

ENGINE – PISTONS

| | | | | | | | | |
|--------------------------|--------------------------------------|---------------|-------------------|--|-----------------|---------------|-------------------|--|
| Material | Aluminum Alloy | | | | | | | |
| Description and finish | Cam Ground Slipper Type - Tin Plated | | | | | | | |
| Weight (piston only) oz. | 19.740 - 19.920 | | 21.010 - 21.190 | | 22.070 - 22.250 | | | |
| Clearance (limits) | Top land | .024 - .029 | | | | .017 - .021 | | |
| | Skirt | Top | .0022 - .0028 (a) | | | | .0025 - .0031 (a) | |
| | | Bottom | .0017 - .0033 | | | | .0020 - .0036 | |
| Ring groove depth | No. 1 ring | 3.427 - 3.437 | | | | 3.667 - 3.677 | | |
| | No. 2 ring | 3.427 - 3.437 | | | | 3.667 - 3.677 | | |
| | No. 3 ring | 3.446 - 3.456 | | | | 3.670 - 3.680 | | |
| | No. 4 ring | None | | | | | | |

* Max. bhp (brake horsepower) and max. torque corrected to 60° F and 29.92 in. Hg atmospheric pressure.

(a) Pistons selected for clearance at 1.110 below top of piston.

AMA Specifications—Passenger Car

| | | | | | | | | |
|-------------|---------------------------------|--|---------------------------------|------------|---------------------------------|-------------|---------|-------------|
| MAKE OF CAR | Pontiac | | | MODEL YEAR | 1968 | DATE ISSUED | 8-23-67 | REVISED (e) |
| MODEL | FIREBIRD 250 cu. in. Engines | | FIREBIRD 350 cu. in. Engines | | FIREBIRD 400 cu. in. Engines | | | |

ENGINE - RINGS

| | | | | | |
|--------------------------------|---|--|-----|--------------------------|------------------------------------|
| Function (top to bottom) | No. 1, oil or comp. | Compression | | | |
| | No. 2, oil or comp. | Compression | | | |
| | No. 3, oil or comp. | Oil | | | |
| | No. 4, oil or comp. | None | | | |
| Compression | Description - material, coating, etc. | Cast Iron Reverse Twist With - | | | |
| | Width | (a) | (b) | (c) | #1 & #2 Taper Face Moly Channel |
| | Gap | .0778 | | No. 1 .0778, No. 2 .0775 | |
| Oil | Description - material, coating, etc. | Multi-Piece (2 Rails & 1 Expander) Rails: Steel with Chrome Plated O. D. Expander: Stainless Steel | | | |
| | Width | | | .136 | |
| | Gap | | | .035 | |
| Expanders | | In Oil Ring Assembly | | | |

ENGINE - PISTON PINS

| | | | | |
|-------------------------------------|---|------------------------------|--------------|---------------|
| Material | SAE 5015 | | SAE 1016 | |
| Length | 3.00 | | 3.25 | |
| Diameter | .9272 | | .9802 | |
| Type | Locked in rod, in piston, floating, etc. | Locked in Rod | | |
| | Bush- ing | In rod or piston Material | None None | |
| Clearance | In piston | .0003 - .0005 | | .0005 - .0007 |
| | In rod | Press Fit | | |
| Direction & amount offset in piston | To Right - .063 | | | |

ENGINE - CONNECTING RODS

| | | | | |
|---------------------------|---------------------------|-------------------------|------------|--------------------------------|
| Material | SAE 1037, 1038 or 1141 | | Arma Steel | |
| Weight (oz.) | 23.9 | | 31.7 | |
| Length (center to center) | 5.70 | | 6.625 | |
| Bearing | Material & Type | Moraine 100-A (d)(e)(f) | | Moraine 400-A (d) |
| | Overall length | .837 | | .88 |
| | Clearance (limits) | .0007 - .0027 (g) | | .0005 - .0025 .0005 - .0026 |
| | End play | .0085 - .0135 | | .006 - .011 (Total for Two) |

- (a) 250 1 bbl. Engine: #1 - Barrel Face Moly Channel
#2 - Barrel Face Tin Plated
- (b) 250 4 bbl. Engine: #1 - Barrel Face Moly Channel
#2 - Taper Face Moly Channel
- (c) 350 2 bbl. Engine: #1 - Taper Face Moly Channel
#2 - Taper Face Tin Plated
- (d) Steel backed removable precision.
- (e) Moraine 400-A on 4 bbl. 250 cu. in. engines.
- (f) Moraine 400-A on 4 bbl. 350 cu. in. engines.
- (g) .0007 - .0028 on 4 bbl. 250 cu. in. engines.

AMA Specifications—Passenger Car

| | | | | | | | | |
|-------------|---------------------------------|--|---------------------------------|------------|---------------------------------|-------------|---------|-------------|
| MAKE OF CAR | Pontiac | | | MODEL YEAR | 1968 | DATE ISSUED | 8-23-67 | REVISED (a) |
| MODEL | FIREBIRD 250 cu. in. Engines | | FIREBIRD 350 cu. in. Engines | | FIREBIRD 400 cu. in. Engines | | | |

ENGINE - CRANKSHAFT

| | | | | |
|-----------------------------------|---|---|---------------|-------------|
| Material | Nodular Iron | | | |
| Vibration damper type | Rubber Floated Weight | | | |
| End thrust taken by bearing (No.) | 7 | | 4 | |
| Crankshaft end play | .002 - .006 | | .0035 - .0085 | |
| Main bearing | Material & type | Durex 100-A* Steel Backed, Removable, Precision (b) | | |
| | Clearance | .0003 - .0019 | | |
| | Journal dia. and bearing overall length | No. 1 | 2.30 x .80 | 3.00 x .94 |
| | | No. 2 | 2.30 x .80 | 3.00 x .94 |
| | | No. 3 | 2.30 x .80 | 3.00 x .94 |
| | | No. 4 | 2.30 x .80 | 3.00 x 1.13 |
| | | No. 5 | 2.30 x .80 | 3.00 x 1.59 |
| No. 6 | | 2.30 x .80 | None | |
| Dir. & amt. cyl. offset | None | | None | |
| Crankpin journal diameter | 2.00 | | 2.25 | |

ENGINE - CAMSHAFT

| | | | | |
|---------------|--------------------------------------|--------------------|---|--------------------------------|
| Location | Overhead | | Between Cylinder Banks | |
| Material | Hardened Alloy Cast Iron | | | |
| Bearings | Material | Aluminum Alloy | High Lead Babbit on Steel | |
| | Number | 7 | 5 | |
| Type of Drive | Gear or chain | Belt (a) | Chain | |
| | Crankshaft gear or sprocket material | Hardened Cast Iron | Carburized and Hardened Steel | |
| | Camshaft gear or sprocket material | Hardened Cast Iron | Aluminum Alloy with Nylon Covered Teeth | |
| | Timing chain | No. of links | 98 Teeth | 60 |
| | | Width | 1.031 - .954 | .88 (Morse) - 1.00 (Link Belt) |
| Pitch | | .500 | .375 | |

ENGINE - VALVE SYSTEM

| | | |
|---|----------|---|
| Hydraulic lifters (Std., opt., NA) | Standard | |
| Valve rotator, type (intake, exhaust) | None | |
| Rocker ratio | 1.5:1 | |
| Operating tappet clearance (indicate hot or cold) | Intake | 0 |
| | Exhaust | 0 |

(Continued)

- * M-400 in lower half of No. 1, 2, 3 & 4 locations of 4 bbl. 350 cu. in. and 400 cu. in. engines.
- (a) Neoprene with fibre glass cord reinforcement.
- (b) M-400 in all locations of option 6 cylinder 4 bbl. engine.

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (*)

| | | |
|--------------|-----------------|---------------|
| | FIREBIRD | |
| MODEL | 6 Cyl. 1-bbl. | 6 Cyl. 4-bbl. |

ENGINE—VALVE SYSTEM (cont.)

| | | 6 Cyl. 1-bbl. | 6 Cyl. 4-bbl. | | | |
|--|---------------------------------------|---------------------------|-------------------------|--|--|--|
| Timing (based on top of ramp points) | Intake | Opens (°BTC) | 14 | 14 | | |
| | | Closes (°ABC) | 46 | 50 | | |
| | | Duration - deg. | 240 | 244 | | |
| | Exhaust | Opens (°BBC) | 46 | 52 | | |
| | | Closes (°ATC) | 14 | 12 | | |
| | | Duration - deg. | 240 | 244 | | |
| Valve opening overlap | | 28° | 25° | | | |
| Intake | Material | | | SAE-1041 with Alum. Treatment on Face & Flash Chrome Plated Stem | | |
| | Overall length | | 4.810 | 4.902 | | |
| | Actual overall head dia. | | 1.923 - 1.917 | | | |
| | Angle of seat & face | | 30° Seat - 29° Face | | | |
| | Seat insert material | | Not Used | | | |
| | Stem diameter | | .3419 - .3412 | | | |
| | Stem to guide clearance | | .0016 - .0033 | | | |
| | Lift (@ zero lash) | | .400 ± .011 | .438 ± .011 | | |
| | Outer spring press. & length | Valve closed (lb.@in.) | 94.6 100.6 @ 1.6298 | 62.4 68.4 @ 1.6298 | | |
| | | Valve open (lb.@in.) | 165.6 @ 1.2298 175.6 | 116.2 @ 1.1918 128.2 | | |
| | Inner spring press. & length | Valve closed (lb.@in.) | ----- | 30.5 @ 1.5898 36.5 @ 1.5898 | | |
| | | Valve open (lb.@in.) | ----- | 59.4 @ 1.1518 65.4 @ 1.1518 | | |
| | Exhaust | Material | | | 21-2 Steel with Alum. Treatment on Face & Flash Chrome Plated Stem | |
| | | Overall length | | 4.799 | 4.891 | |
| Actual overall head dia. | | 1.603 - 1.597 | | | | |
| Angle of seat & face | | 45° Seat - 44° Face | | | | |
| Seat insert material | | Not Used | | | | |
| Stem diameter | | .3414 - .3407 | | | | |
| Stem to guide clearance | | .0021 - .0038 | | | | |
| Lift (@ zero lash) | | .400 ± .011 | .438 ± .011 | | | |
| Outer spring press. & length | | Valve closed (lb.@in.) | 94.6 @ 1.6298 100.6 | 62.4 @ 1.6298 68.4 | | |
| | | Valve open (lb.@in.) | 165.6 @ 1.2298 175.6 | 116.2 @ 1.1918 128.2 | | |
| Inner spring press. & length | | Valve closed (lb.@in.) | ----- | 30.5 @ 1.5898 36.5 @ 1.5898 | | |
| | | Valve open (lb.@in.) | ----- | 59.4 @ 1.1598 65.4 @ 1.1598 | | |

ENGINE—LUBRICATION SYSTEM

| | | |
|---|----------------------|-----------------------|
| Type of lubrica- tion (splash, pressure, nozzle) | Main bearings | Pressure |
| | Connecting rods | Pressure |
| | Piston pins | Splash |
| | Camshaft bearings | Pressure |
| | Tappets | Pressure |
| | Timing gear or chain | Belt - Not Lubricated |
| | Cylinder walls | Metered Jet |

(Continued)

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (*)

| | | | |
|-------|--------------|-------------------|--------------|
| MODEL | FIREBIRD | | |
| | V-350 2-bbl. | V-350 4-bbl. H.O. | |
| | | Manual Trans. | Auto. Trans. |

ENGINE - VALVE SYSTEM (cont.)

| Timing (based on top of ramp points) | Intake | Opens (°BTC) | 22 | 23 | 30 |
|--|---|---------------------------|---------------------|----------------|----------------|
| | | Closes (°ABC) | 67 | 70 | 63 |
| Duration - deg. | 269 | 273 | 273 | | |
| Exhaust | Opens (°BBC) | 72 | 78 | 77 | |
| | Closes (°ATC) | 25 | 31 | 25 | |
| | Duration - deg. | 277 | 289 | 282 | |
| Valve opening overlap | | 47° | 54° | 55° | |
| Intake | Material SAE-1041 with Alum. Treatment on Face & Flash Chrome Plated Stem | | | | |
| | Overall length | | 5.026 | 5.122 | 5.122 |
| | Actual overall head dia. | | 1.963 - 1.957 | | |
| | Angle of seat & face | | 30° Seat - 29° Face | | |
| | Seat insert material | | Not Used | | |
| | Stem diameter | | .3419 - .3412 | | |
| | Stem to guide clearance | | .0016 - .0033 | | |
| | Lift (@ zero lash) | | .376 ± .011 | .410 ± .011 | .410 ± .011 |
| | Outer spring press. & length | Valve closed (lb.@in.) | 59.6 @ 1.5823 | 59.6 @ 1.5823 | 59.6 @ 1.5823 |
| | | Valve open (lb.@in.) | 122.5 @ 1.2063 | 128.4 @ 1.1723 | 128.4 @ 1.1723 |
| | Inner spring press. & length | Valve closed (lb.@in.) | 31.7 @ 1.5423 | 31.7 @ 1.5423 | 31.7 @ 1.5423 |
| | | Valve open (lb.@in.) | 88.8 @ 1.1663 | 94.1 @ 1.1323 | 94.1 @ 1.1323 |
| | | | 98.8 @ 1.1663 | 104.1 @ 1.1323 | 104.1 @ 1.1323 |
| Exhaust | Material 21-2 Steel with Alum. Treatment on Face & Flash Chrome Plated Stem | | | | |
| | Overall length | | 5.015 | 5.111 | 5.111 |
| | Actual overall head dia. | | 1.663 - 1.657 | | |
| | Angle of seat & face | | 45° Seat - 44° Face | | |
| | Seat insert material | | Not Used | | |
| | Stem diameter | | .3414 - .3407 | | |
| | Stem to guide clearance | | .0021 - .0038 | | |
| | Lift (@ zero lash) | | .412 ± .011 | .413 ± .011 | .414 ± .011 |
| | Outer spring press. & length | Valve closed (lb.@in.) | 59.6 @ 1.5823 | 59.6 @ 1.5823 | 59.6 @ 1.5823 |
| | | Valve open (lb.@in.) | 128.7 @ 1.1703 | 128.9 @ 1.1693 | 129.1 @ 1.1683 |
| | Inner spring press. & length | Valve closed (lb.@in.) | 31.7 @ 1.5423 | 31.7 @ 1.5423 | 31.7 @ 1.5423 |
| | | Valve open (lb.@in.) | 94.4 @ 1.1303 | 94.6 @ 1.1293 | 94.8 @ 1.1283 |
| | | | 104.4 @ 1.1303 | 104.6 @ 1.1293 | 104.8 @ 1.1283 |

ENGINE - LUBRICATION SYSTEM

| | | |
|---|----------------------|-------------|
| Type of lubrica- tion (splash, pressure, nozzle) | Main bearings | Pressure |
| | Connecting rods | Pressure |
| | Piston pins | Splash |
| | Camshaft bearings | Pressure |
| | Tappets | Pressure |
| | Timing gear or chain | Metered Jet |
| | Cylinder walls | Metered Jet |

(Continued)

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (a)

| | | | | |
|-------|--------------|--------------|-------------------|--------------|
| MODEL | FIREBIRD | | | |
| | V-400 4-cyl. | | V-400 H.C. 4-cyl. | |
| | Man. Trans. | Auto. Trans. | Man. Trans. | Auto. Trans. |

ENGINE - VALVE SYSTEM (cont.)

| | | | | | |
|--|---------|-----------------|-----|-----|-----|
| Timing (based on top of ramp points) | Intake | Opens (°BTC) | 23 | 31 | 23 |
| | | Closes (°ABC) | 70 | 77 | 70 |
| | | Duration - deg. | 273 | 288 | 273 |
| | Exhaust | Opens (°BBC) | 78 | 90 | 78 |
| | | Closes (°ATC) | 31 | 32 | 31 |
| | | Duration - deg. | 289 | 302 | 289 |
| Valve opening overlap | | 54° | 63° | 54° | |

| | | | | | | | | | |
|--------|------------------------------------|---------------------------|-------------------------|------------------------|-------------------------|---|-------------|--|--|
| Intake | Material | | | | | GM-8440 with Alum. Treatment on Face & Flash Chrome Plated Stem | | | |
| | Overall length | | 5.093 | | | | | | |
| | Actual overall head dia. | | 2.113 - 2.107 | | | | | | |
| | Angle of seat & face | | 30° Seat - 29° Face | | | | | | |
| | Seat insert material | | Not Used | | | | | | |
| | Stem diameter | | .3419 - .3412 | | | | | | |
| | Stem to guide clearance | | .0016 - .0033 | | | | | | |
| | Lift (@ zero lash) | | .410 ± .011 | | .414 ± .011 | | .415 ± .011 | | |
| | Outer spring press. & length | Valve closed (lb.@in.) | 63.3 69.3 @ 1.5613 | 63.3 69.3 @ 1.5613 | 63.3 69.3 @ 1.5613 | 63.3 69.3 @ 1.5613 | | | |
| | | Valve open (lb.@in.) | 132 @ 1.1513 142 | 132 @ 1.1513 142 | 132.7 @ 1.1473 142.7 | 132 @ 1.1513 142 | | | |
| | Inner spring press. & length | Valve closed (lb.@in.) | 54.7 @ 1.5213 59.7 | 35 @ 1.5213 41 | 54.7 @ 1.5213 59.7 | 35 @ 1.5213 41 | | | |
| | | Valve open (lb.@in.) | 117.9 @ 1.1113 127.9 | 97.4 @ 1.1113 107.4 | 118.6 @ 1.1073 128.6 | 97.4 @ 1.1113 107.4 | | | |

| | | | | | | | | | |
|---------|------------------------------------|---------------------------|-------------------------|-------------------------|-------------------------|--|-------------|--|--|
| Exhaust | Material | | | | | 21-2 Steel with Alum. Treatment on Face & Flash Chrome Plated Stem | | | |
| | Overall length | | 5.082 | | | | | | |
| | Actual overall head dia. | | 1.773 - 1.767 | | | | | | |
| | Angle of seat & face | | 45° Seat - 44° Face | | | | | | |
| | Seat insert material | | Not Used | | | | | | |
| | Stem diameter | | .3414 - .3407 | | | | | | |
| | Stem to guide clearance | | .0021 - .0038 | | | | | | |
| | Lift (@ zero lash) | | .413 ± .011 | | .413 ± .011 | | .413 ± .011 | | |
| | Outer spring press. & length | Valve closed (lb.@in.) | 63.3 @ 1.5613 69.3 | 63.3 @ 1.5613 69.3 | 63.3 @ 1.5613 69.3 | 63.3 @ 1.5613 69.3 | | | |
| | | Valve open (lb.@in.) | 132.5 @ 1.1483 142.5 | 132.5 @ 1.1483 142.5 | 132.5 @ 1.1483 142.5 | 132.5 @ 1.1483 142.5 | | | |
| | Inner spring press. & length | Valve closed (lb.@in.) | 54.7 @ 1.5213 59.7 | 35 @ 1.5213 41 | 54.7 @ 1.5213 59.7 | 35 @ 1.5213 41 | | | |
| | | Valve open (lb.@in.) | 118.4 @ 1.1083 128.4 | 97.9 @ 1.1083 107.9 | 118.4 @ 1.1083 128.4 | 97.9 @ 1.1083 107.9 | | | |

ENGINE - LUBRICATION SYSTEM

| | | |
|---|----------------------|-------------|
| Type of lubrica- tion (splash, pressure, nozzle) | Main bearings | Pressure |
| | Connecting rods | Pressure |
| | Piston pins | Splash |
| | Camshaft bearings | Pressure |
| | Tappets | Pressure |
| | Timing gear or chain | Metered Jet |
| | Cylinder walls | Metered Jet |

(Continued)

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED 01

FIREBIRD

3.400 4-cyl. "RAM AIR"

Man. Trans. | Auto. Trans.

MODEL

ENGINE - VALVE SYSTEM (cont.)

| | | | | | |
|--|---------------------------------------|---------------------------|--|--|--|
| Timing (based on top of ramp points) | Intake | Opens (°BTC) | 38 | 38 | |
| | | Closes (°ABC) | 83 | 77 | |
| | | Duration - deg. | 301 | 298 | |
| | Exhaust | Opens (°BBC) | 98 | 90 | |
| | | Closes (°ATC) | 38 | 32 | |
| | | Duration - deg. | 313 | 300 | |
| Valve opening overlap | | 71° | 63° | | |
| Intake | Material | | 21-2 Steel with Alum. Treatment on Face & Chrome Plated Stem | | |
| | Overall length | | 5.093 | | |
| | Actual overall head dia. | | 2.113 - 2.107 | | |
| | Angle of seat & face | | 30° Seat - 29° Face | | |
| | Seat insert material | | Not Used | | |
| | Stem diameter | | .3419 - .3412 | | |
| | Stem to guide clearance | | .0016 - .0033 | | |
| | Lift @ zero lash | | .413 ± .011 | | |
| | Outer spring press. & length | Valve closed (lb.@in.) | 71 @ 1.7123 81 | 71 @ 1.7123 81 | |
| | | Valve open (lb.@in.) | 182.2 @ 1.2993 198.2 | 182.5 @ 1.2983 193.5 | |
| | Inner spring press. & length | Valve closed (lb.@in.) | 39.9 @ 1.6423 45.9 | 39.9 @ 1.6423 45.9 | |
| | | Valve open (lb.@in.) | 88.1 @ 1.2293 98.1 | 88.3 @ 1.2283 98.3 | |
| | Exhaust | Material | | 21-2 Steel with Alum. Treatment on Face & Chrome Plated Stem | |
| | | Overall length | | 5.082 | |
| Actual overall head dia. | | 1.773 - 1.767 | | | |
| Angle of seat & face | | 45° Seat - 44° Face | | | |
| Seat insert material | | Not Used | | | |
| Stem diameter | | .3414 - .3407 | | | |
| Stem to guide clearance | | .0021 - .0038 | | | |
| Lift @ zero lash | | .413 ± .011 | | | |
| Outer spring press. & length | | Valve closed (lb.@in.) | 71 @ 1.7123 81 | 71 @ 1.7123 81 | |
| | | Valve open (lb.@in.) | 182.2 @ 1.2993 198.2 | 182.2 @ 1.2993 198.2 | |
| Inner spring press. & length | | Valve closed (lb.@in.) | 39.9 @ 1.6423 45.9 | 39.9 @ 1.6423 45.9 | |
| | | Valve open (lb.@in.) | 88.1 @ 1.2293 98.1 | 88.1 @ 1.2293 98.1 | |

ENGINE - LUBRICATION SYSTEM

| | | |
|---|----------------------|-------------|
| Type of lubrica- tion (splash, pressure, nozzle) | Main bearings | Pressure |
| | Connecting rods | Pressure |
| | Piston pins | Splash |
| | Camshaft bearings | Pressure |
| | Tappets | Metered Jet |
| | Timing gear or chain | Metered Jet |
| | Cylinder walls | |

(Continued)

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED ^(*)

| | | | | |
|--------------|----------|--------------------|-----------------|-------------------|
| MODEL | FIREBIRD | FIREBIRD SPRINT | FIREBIRD 350 | FIREBIRD H. O. |
|--------------|----------|--------------------|-----------------|-------------------|

ENGINE - LUBRICATION SYSTEM (cont.)

| | | | |
|---|---------------------------------|--------------------------------|-------------------------|
| Oil pump type | Spur Gear | | |
| Normal oil pressure (lb. engine rpm) | 26 - 36 @ 2800 RPM | 30 - 40 | above 2600 RPM (f) |
| Oil press. sending unit (elect. or mech.) | Electric | | |
| Type oil intake (floating, stationary) | Stationary Screen | | |
| Oil filter sump (full flow, part., other) | Full Flow | | |
| Filter replacement (element, complete) | Complete | | |
| Capacity of oil case, less filter-refill (qt.) | 5 | | |
| Oil grade recommended (SAE viscosity and temperature range) | Anticipated Lowest Temp. | Single Viscosity SAE Number | Acceptable Alternate |
| | Above Freezing (+32°F.) | 20W | 10W - 30 |
| | Below Freezing (0°F. to +32°F.) | 10W | 10W - 30 |
| | Below Zero | 5W | 5W - 20 |
| Engine Service Reqmt. (MM, MS, etc.) | MS | | |

ENGINE - EXHAUST SYSTEM

| | | | |
|--|--|--------------------------|-------------------------------|
| Type (single, single with cross-over, dual, other) | Single (a) | | |
| Muffler No. & type (reverse flow, straight thru, separate resonator) | One - Reverse Flow | | (b) |
| Exhaust pipe dia. (O.D., wall thick.) | Branch | None (c) | 2.00 x .060 |
| | Main | 2.00 x .060 2.25 x (d) | 2.25 x .070 2.00 x .060 (e) |
| Tail pipe dia. (O.D. & wall thickness) | Muffler Outlet Spout (or Spouts) 2.00 x .060 | | |

ENGINE - CRANKCASE VENTILATION SYSTEM

| | | | |
|--|--|--|-----------------|
| Type (ventilates to atmos., induction system, other) | Standard Optional | Induction System None | |
| Make and model | | AC Type CV-735C | AC Type CV-679C |
| | Location | Intake Manifold | Push Rod Cover |
| Control Unit | Energy source (manifold vacuum, carburetor air stream, other) | Manifold Vacuum | |
| | Control method (variable orifice, fixed orifice, other) | Variable Orifice | |
| Complete system | Discharges (to intake manifold, carb. air intake, air cleaner intake, other) | Intake Manifold | |
| | Air inlet (breather cap, carburetor air cleaner, other) | Through Filter in the Carburetor Air Cleaner | |
| | Flame arrestor (screen, check valve, other) | Check Valve | |

- (a) Dual system standard on H.O., "Y" pipe joins dual outlet manifold to single exhaust pipe on Sprint, Crossover pipe used on 350.
- (b) One crossflow muffler with dual inlets and outlets, reverse flow resonator ahead of muffler in each pipe.
- (c) Sprint "Y" pipe legs 2.00 x .060.
- (d) .076 - front section, .070 - rear section.
- (e) Front section, 2.25 x .070 rear section.
- (f) Except 350 HO engine which is same as Firebird 400 - see page 8a.

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (•)

FIREBIRD

MODEL 400

ENGINE – LUBRICATION SYSTEM (cont.)

| | | | |
|---|---------------------------------|-----------------------------|----------------------|
| Oil pump type | Spur Gear | | |
| Normal oil pressure (lb. engine rpm) | 55-60 Above 2600 RPM | | |
| Oil press. sending unit (elect. or mech.) | Electric | | |
| Type oil intake (floating, stationary) | Stationary Screen | | |
| Oil filter system (full flow, part., other) | Full Flow | | |
| Filter replacement (element, complete) | Complete | | |
| Capacity of c/case, less filter-refill (qt.) | 5 | | |
| Oil grade recommended (SAE viscosity and temperature range) | Anticipated Lowest Temp. | Single Viscosity SAE Number | Acceptable Alternate |
| | Above Freezing (+32°F.) | 20W | 10W - 30 |
| | Below Freezing (0°F. to +32°F.) | 10W | 10W - 30 |
| | Below Zero | 5W | 5W - 20 |
| Engine Service Reqmt. (MM, MS, etc.) | MS | | |

ENGINE – EXHAUST SYSTEM

| | | | |
|--|--|---|--|
| Type (single, single with cross-over, dual, other) | Dual | | |
| Muffler No. & type (reverse flow, straight thru, separate resonator) | One - Crossflow with Dual Inlets & Outlets (a) | | |
| Exhaust pipe dia. (O.D., wall thick.) | Branch | Not Used | |
| | Main | Front: 2.00 x .060 (b) Rear 2.25 x .070 | |
| Tail pipe dia. (O.D. & wall thickness) | 2.00 x .060 Muffler Outlet Spouts | | |

ENGINE – CRANKCASE VENTILATION SYSTEM

| | | | |
|--|--|--|--|
| Type (ventilates to atmos., induction system, other) | Standard | Induction System | |
| | Optional | None | |
| Control Unit | Make and model | AC Type CV-679C | |
| | Location | Push Rod Cover | |
| | Energy source (manifold vacuum, carburetor air stream, other) | Manifold Vacuum | |
| | Control method (variable orifice, fixed orifice, other) | Variable Orifice | |
| Complete system | Discharges (to intake manifold, carb. air intake, air cleaner intake, other) | Intake Manifold | |
| | Air inlet (breather cap, carburetor air cleaner, other) | Through Filter in Carburetor Air Cleaner | |
| | Flame arrestor (screen, check valve, other) | Check Valve | |

(a) Reverse flow resonator ahead of muffler in each pipe.

(b) 2.25 x .076 with Ram Air Option.

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED ^(*)

| | | | | | |
|-------|----------|-----------------|--------------|---------------|---------------|
| MODEL | FIREBIRD | FIREBIRD SPRINT | FIREBIRD 350 | FIREBIRD H.O. | FIREBIRD H.O. |
|-------|----------|-----------------|--------------|---------------|---------------|

ENGINE - EXHAUST EMISSION CONTROL

| | | | |
|---|---|-----------------------------|--|
| Type (Air injection, engine modifications, other) | | | |
| Air Injection Pump | Type | | |
| | Displacement | | |
| | Drive ratio | | |
| | Drive type | | |
| | Relief valve (type) | | |
| | Filter (describe) | | |
| Air Injection System | Air distribution (head, manifold, etc.) | | |
| | Point of entry | | |
| | Injection tube I.D. | | |
| | Check valve type | | |
| | Backfire protection (type) | | |
| Carburetor | Make | | |
| | Model | | |
| | Barrel size | | |
| | Idle speed | Drive | |
| | | Neutral | |
| Idle A/F mixture | | | |
| Distributor | Aux. Adv. Systems (type) | | |
| | Make | | |
| | Model | | |
| | Cent'gal adv. in crank degrees @ eng. rpm | Start (rpm) | |
| | | Intermed. points deg. @ rpm | |
| | | Max. deg. @ rpm | |
| | Vacuum adv. in crank degrees @ eng. rpm | Start (in Hg) | |
| Intermed. points deg. @ in. Hg | | | |
| Max. deg. @ in. | | | |
| Vacuum Source | | | |
| Timing - Crank degrees @ rpm | | | |
| Cooling System (describe changes) | | | |
| Exhaust System (describe changes) | | | |

Standard engine provides exhaust emission control

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (•)

| MODEL | FIREBIRD | FIREBIRD SPRINT | FIREBIRD 350 | FIREBIRD H. O. | FIREBIRD 400 | |
|---|--|-----------------|----------------------|----------------|--------------|-------|
| ENGINE - FUEL SYSTEM | 6 Cyl. Engines | | | V-8 Engines | | |
| Induction type: Carburetor, fuel injection, supercharger. | Carburetor | | | | | |
| Fuel Tank | 18.5 | | | | | |
| Refill capacity (U.S. gals.) | 18.5 | | | | | |
| Filler location | Center Rear | | | | | |
| Fuel Pump | Mechanical | | | | | |
| Type (elec. or mech.) | Mechanical | | | | | |
| Locations | Right Front of Engine | | Left Front of Engine | | | |
| Pressure range | 4.0 - 5.5 | | 5.0 - 6.5 | | | |
| Vacuum booster (std., optional, none) | None | | | | | |
| Fuel Filter | Plastic Fabric in Fuel Tank and Sintered | | | | | |
| Type | Plastic Fabric in Fuel Tank and Sintered | | | | | |
| Locations | Bronze in Carburetor Inlet (a) | | | | | |
| Choke type | Automatic | | | | | |
| Intake manifold heat control (exhaust or water) | Exhaust | | | | | |
| Carburetor | Oil Wetted Paper | | | | | |
| Air cleaner type (d) | Oil Wetted Paper | | | | | |
| Standard | Two Stage - Wetted Plastic Foam Over Paper Element | | | | | |
| Optional | Two Stage - Wetted Plastic Foam Over Paper Element | | | | | |
| Idle speed (spec. neutral or drive) | Manual N. | 700 | 800 | 700 | 850 | 850** |
| | Automatic D. | 600 | 600 | 600 | 650 | 650 |
| | Idle A/F mix. | | | | | |
| N. | | | | | | |
| D. | | | | | | |

CARBURETOR SUPPLEMENTARY INFORMATION

| Model Usage | Engine Displ. | Transmission | Carburetors | | No. Used and Type* | Bbl. Size | No. of Bbls. |
|----------------------|---------------|--------------|-------------|-------------|--------------------|-----------|--------------|
| | | | Make | Model | | | |
| Firebird | 250 | Manual | Rochester | 7028065 (b) | One | 1.69 | 1 |
| | | Automatic | Rochester | 7028168 | One | 1.75 | 1 |
| Firebird Sprint | 250 | Manual | Rochester | 7028261 | One | (c) | 4 |
| | | Automatic | Rochester | 7028260 | One | (c) | 4 |
| Firebird 350 | 350 | Manual | Rochester | 7028071 | One | 1.69 | 2 |
| | | Automatic | Rochester | 7028062 | One | 1.69 | 2 |
| Firebird H. O. | 350 | Manual | Rochester | 7028269 | One | (c) | 4 |
| | | Automatic | Rochester | 7028266 | One | (c) | 4 |
| Firebird 400 | 400 | Manual | Rochester | 7028265 | One | (c) | 4 |
| | | Turbo H-M | Rochester | 7028264 | One | (c) | 4 |
| Firebird 400 H. O. | 400 | Manual | Rochester | 7028271 | One | (c) | 4 |
| | | Turbo H-M | Rochester | 7028264 | One | (c) | 4 |
| Firebird 400 Ram Air | 400 | Manual | Rochester | 7028277 | One | (c) | 4 |
| | | Turbo H-M | Rochester | 7028276 | One | (c) | 4 |

(a) Pleated paper instead of sintered bronze in the 1-bbl. carb. for manual transmission and all 4-bbl. carburetors.

(b) 7028067 with A/C.

(c) 1.38 Primary, 2.25 Secondary.

(d) Includes provisions for thermostatic control of carburetor inlet air temperature.

* All downdraft type

** 1000 With Ram Air Option.

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISÉD (*)

| | | | | | |
|-------|----------|-----------------|--------------|---------------|--------------|
| MODEL | FIREBIRD | FIREBIRD SPRINT | FIREBIRD 350 | FIREBIRD H.O. | FIREBIRD 400 |
|-------|----------|-----------------|--------------|---------------|--------------|

ENGINE - COOLING SYSTEM 6 Cyl. Engines V-8 Engines

| | | | | | |
|---|------------------------------|---------------------------|---------------------------------|------------|--|
| Type system (pressure, pressure vented, atmospheric, other) | Pressure Vented | | | | |
| Radiator cap relief valve pressure | 14-17 P. S. I. | | | | |
| Circulation thermostat | Type (choke, bypass) | Choke | | | |
| | Starts to open at (°F) | 190° | | | |
| Water pump | Type (centrifugal, other) | Centrifugal | | | |
| | GPM @ 1000 pump rpm | 16 | 17 | | |
| | Number of pumps | One | | | |
| | Drive (V-belt, other) | V-Belt | | | |
| | Bearing type | Sealed Ball Bearing | | | |
| By-pass recirculation type (inter., ext.) | External | | Integral | | |
| Radiator core type (cellular, tube and fin, other) | Tube and Center | | | | |
| Cooling system capacity | With heater (qt.) | 12.1 | 18.6 (350) | 17.8 (400) | |
| | Without heater (qt.) | Heater Standard Equipment | | | |
| | Opt. equipment-specify (qt.) | 12.7 with Air Cond. | 20.2 (350), 19.4 (400) with A/C | | |
| Water jackets full length of cyl. (yes, no) | Yes | | | | |
| Water all around cylinder (yes, no) | Yes | | | | |

| | | | | | |
|---------------|---------|------------------------------------|----------------|----------------|--|
| Radiator hose | Lower | Number and type (molded, straight) | One, Molded | | |
| | | Inside diameter | 1.75 | | |
| | Upper | Number and type (molded, straight) | One Molded | | |
| | | Inside diameter | 1.50 | | |
| | By-pass | Number and type (molded, straight) | One - External | One - Internal | |
| | | Inside diameter | 5/16 | Hose Not Used | |

| | | | | | |
|--------------|------------------------------|---|-------------------------|--|--|
| Fan | Number of blades & spacing | 4 - 76° & 104° (a)(b) | | | |
| | Diameter | 17.62 | 19.0 | | |
| | Ratio-fan to crankshaft rev. | 95:1 (1.08:1 with A/C) | .91:1 (1.25:1 with A/C) | | |
| | Fan cutout type | Fluid Clutch - Thermostatically Controlled V-8 A/C Only | | | |
| Bearing type | See Water Pump | | | | |

| | | | | | | | | | |
|--|-------------------------|---|------|------|------|---|------|---|------|
| * Drive belts (indicate belt used by letter) | Fan | A | A, B | A, C | B, C | E | F, G | E | F, I |
| | Generator or alternator | A | A, B | A | B, D | E | F | E | F |
| | Water Pump | A | A, B | A, C | B, C | E | F, G | E | F, I |
| | Power Steering | | B | | B, D | | G | | I |
| | Air Conditioning | | | C | C | | | H | H |

| | | | | | | | | | | | |
|-------------------------|------|------|------|------|------|------|------|------|------|---|---|
| * Drive Belt Dimensions | A | B | C | D | E | F | G | H | I | J | K |
| Angle of V | 36° | 36° | 36° | 36° | 36° | 36° | 36° | 36° | 36° | | |
| Nominal length (SAE) | 39.0 | 51.5 | 58.0 | 27.6 | 54.0 | 50.0 | 52.0 | 59.0 | 53.5 | | |
| Width | .38 | .47 | .47 | .38 | .38 | .38 | .47 | .47 | .47 | | |

(a) 7 blade 18 dia. Power-Flex fan on 6 cyl. with A/C.
 (b) 7 blade 19.5 dia. fan on all V-8 with A/C - 5 blade 19 dia. Power-Flex std. on 400 V-8 except std. 4 blade fan used with Ram Air Option.

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (*)

| | | | |
|-------|---------------------------------|---------------------------------|--------------------------------|
| MODEL | FIREBIRD 250 Cu. In. Engines | FIREBIRD 350 Cu. In. Engines | FIREBIRD 400 Cu. In. Engine |
|-------|---------------------------------|---------------------------------|--------------------------------|

ELECTRICAL – SUPPLY SYSTEM

| | | | | | |
|-------------------------------|---------------------------------|--------------------------------------|--------------------------------------|------------------|--|
| Battery | Make and Model | Delco Y-55 (a) | Delco Y-59 (b) | Delco R-59 | |
| | Voltage Rtg. & Total Plates | 12-54 | 12-54 | 12-66 | |
| | SAE Designation & Amp. Hr. Rtg. | 17 MI-44 Amp. Hr. | 2 SM-53 Amp. Hr. | 2 SM-61 Amp. Hr. | |
| | Location | Under Hood - R.H. Side | Under Hood - L.H. Side | | |
| | Terminal grounded | Negative | | | |
| Generator or Alternator | Make | Delco-Remy | | | |
| | Model | 1100761 (c) | 1100704 (d) | | |
| | Type and rating | 37 Amp (e) | 37 Amp (e) | | |
| | Output at engine idle (neutral) | 5-10 Amps. | | | |
| | Ratio—Gen. to Cr/s rev. | 2.74:1 (3.02:1 With A/C) | | | |
| Regulator | Make | Delco-Remy | | | |
| | Model | 1119515 (f) | | | |
| | Type | Regulating Contacts in Standard Type | | | |
| | Cutout relay | Closing voltage generator rpm | Cutout Relay Not Required | | |
| | | Reverse current to open | Cutout Relay Not Required | | |
| | Regu- lated | Voltage | 13.8 | | |
| | | Current | Alternator Self Regulating | | |
| | Voltage test conditions | Temperature | 125° F. | | |
| | | Load | 10 Amps. | | |
| | | Other | Cycle Regulator Before Final Setting | | |

ELECTRICAL – STARTING SYSTEM

| | | | | | |
|-------------------|------------------------------|--|---------|---------|-----|
| Starting Motor | Make | Delco-Remy | | | |
| | Model | 1108329 | 1108328 | 1108335 | |
| | Rotation (drive end view) | Clockwise | | | |
| Motor control | Switch (solenoid, manual) | Solenoid | | | |
| | Starting procedure | Place gearshift lever in neutral and depress clutch. *With cold engine depress accelerator pedal to floor and release. With warm engine hold accelerator pedal about halfway down, turn ignition key clockwise to engage starter, release key as soon as engine starts. *Use neutral or park with automatic transmission. (No clutch) | | | |
| Motor Drive | Engagement type | Sliding Gear - Overrunning Clutch | | | |
| | Pinion meshes (front, rear) | Front | | | |
| | Number of teeth | Pinion | 9 | | |
| | | Flywheel | Manual | 155 | 166 |
| | Flywheel tooth face width | Manual | .41 | | .40 |
| | | Auto. | .41 | | .40 |

(a) Delco R-59 used with A/C or H. D. battery option.

(b) With regular fuel engine - Delco R-59 with prem. fuel engine or H. D. battery option.

(c) 1100760 (55 amp.) with A/C.

(d) 1100700 (55 amp.) with A/C.

(e) Diode rectified, 3-phase alternating current.

(f) 1116368 transistor regulator optional.

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (*)

MODEL 6 Cyl. Engines 350 Cu. In. V-8 Engines

ELECTRICAL – IGNITION SYSTEM

| | | | | | | | |
|---------------------------|---|-------------------------------------|-------------------|----------------|--------------------------|---------------|---------------|
| Type | Conventional – Std., Opt., N.A. | | Standard | | | | |
| | Transistorized – Std., Opt., N.A. | | Not Offered | | | | |
| | Other (specify) | | -- | | | | |
| Coil | Make | | Delco-Remy | | | | |
| | Model | | 1115290 | | 1115288 | | |
| | Amps | Engine stopped | 3.5 | | 3.4 | | |
| | | Engine idling | 2.8 | | 2.1 | | |
| Distributor | Make | | Delco-Remy | | | | |
| | Model | | (a) | (b) | (c) | (d) | (e) |
| | Cent'gal adv. in c/shaft degrees @ engine rpm (nominal) | Start (rpm) | 900 | 900 | 800 | 800 | 1100 |
| | | Intermediate points deg. @ rpm | 15 - 19 @ 1250 | 12 - 16 @ 1650 | 13 - 17 @ 1950 | 8 - 12 @ 2000 | 7 - 11 @ 1900 |
| | | Max. deg. @ rpm | 26-30 @ 4400 | 24-28 @ 5000 | 22-26 @ 4800 | 16-20 @ 5000 | 16-20 @ 4800 |
| | Vacuum adv. in c/shaft degrees @ in. Hg. (nominal) | Start (in. Hg.) | 4 - 6 | 4 - 6 | 8 - 10 | 8 - 10 | 8 - 10 |
| | | Intermediate points, deg. @ in. Hg. | None | | | | |
| | | Max. deg. in. Hg. | 15° @ 9.5 - 10.5 | | 20° @ 15 - 17 | | |
| | Breaker gap (in.) | | .016 | | | | |
| | Cam angle (deg.) | | 31 - 34 | | 28 - 32 | | |
| Breaker arm tension (oz.) | | 19 - 23 | | | | | |
| Timing | Crankshaft deg. @ rpm | | TDC (f) | 5° BTDC (g) | 9° BTDC | | |
| | Mark location | | On Balancer | | On Crankshaft Pulley Hub | | |
| Spark Plug | Make | | AC | | | | |
| | Model | | AC 44N | | AC 45S | | |
| | Thread (mm) | | 14 mm | | | | |
| | Tightening torque (lb. ft.) | | 15 - 25 | | | | |
| | Gap | | .033 - .038 | | | | |
| Cable | Conductor type | | Carbonized Thread | | | | |
| | Insulation type | | Neoprene | | | | |
| | Spark plug protector | | Hypalon Boot | | | | |

ELECTRICAL – SUPPRESSION

Locations & type

Carbonized thread core secondary cables and engine to dash ground strap on all cars. Radio equipped cars have an additional engine to dash ground strap, a fender skirt to frame ground strap plus a condenser on the regulator and another on the coil.

- (a) 1110430 Used on 250 cu. in. 1-bbl. carb. engines
- (b) 1110431 Used on 250 cu. in. 4-bbl. carb. engine with manual transmission - 1110449 with automatic transmission
- (c) 1111281 Used on 350 cu. in. 2-bbl. carb. engines
- (d) 1111282 Used on 350 cu. in. 4-bbl. with automatic transmission
- (e) 1111447 Used on 350 cu. in. 4-bbl. with manual transmission
- (f) 250 cu. in. 1-bbl. carb. engines
- (g) 250 cu. in. 4-bbl. carb. engines

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac **MODEL YEAR** 1968 **DATE ISSUED** 8-23-67 **REVISED** (*)

400 Cu. In. V-8 Engines

MODEL

ELECTRICAL – IGNITION SYSTEM

| | | | | | |
|---------------------------|---|--------------------------------------|--------------------------|----------------------|--|
| Type | Conventional – Std., Opt., N.A. | | Standard | | |
| | Transistorized – Std., Opt., N.A. | | Not Offered | | |
| | Other (specify) | | -- | | |
| Coil | Make | | Delco-Remy | | |
| | Model | | 1115288 | | |
| | Amps | Engine stopped | 3.4 | | |
| | | Engine idling | 2.1 | | |
| Distributor | Make | | Delco-Remy | | |
| | Model | | 1111449 (a) | 1111270 (b) | |
| | Cent'fgal adv. in c/shaft degrees@ engine rpm (nominal) | Start (rpm) | 1100 | 800 | |
| | | Intermediate points deg.@rpm | 10 - 14 @ 2000 | 10 - 14 @ 2000 | |
| | | Max. deg.@rpm | 18-22 @ 4600 | 18-22 @ 4600 | |
| | Vacuum adv. in c/shaft degrees@ in. Hg. (nominal) | Start (in. Hg.) | 8 - 10 | 10 - 12 | |
| | | Intermediate points, deg.@in. Hg. | None | | |
| | | Max. deg. in. Hg. | 20° @ 17-19 | 20° @ 15-17 | |
| | Breaker gap (in.) | | .016 | | |
| | Cam angle (deg.) | | 28 - 32 | | |
| Breaker arm tension (oz.) | | 19 - 23 | | | |
| Timing | Crankshaft deg.@rpm | | 9° BTDC | | |
| | Mark location | | On Crankshaft Pulley Hub | | |
| Spark Plug | Make | | AC | | |
| | Model | | AC - 44S | | |
| | Thread (mm) | | 14 mm | | |
| | Tightening torque (lb. ft.) | | 15 - 25 | | |
| | Gap | | .033 - .038 | | |
| Cable | Conductor type | | Carbonized Thread | | |
| | Insulation type | | Neoprene | | |
| | Spark plug protector | | Hypalon Boot | | |

ELECTRICAL – SUPPRESSION

| | |
|------------------|--------------------------|
| Locations & type | Same as shown on page 13 |
|------------------|--------------------------|

- (a) With manual transmission
- (b) With automatic transmission

AMA Specifications—Passenger Car

| | | | | | | | | | | |
|-------------|----------|-----------------|--------------|---------------|------------|------|-------------|---------|-------------|--|
| NAME OF CAR | Pontiac | | | | MODEL YEAR | 1968 | DATE ISSUED | 8-23-67 | REVISED (a) | |
| MODEL | FIREBIRD | FIREBIRD SPRINT | FIREBIRD 350 | FIREBIRD H.O. | FIREBIRD | | | | 400 | |

ELECTRICAL – INSTRUMENTS AND EQUIPMENT

| | | |
|-------------------------------|---|---|
| Speed-ometer | Type | Mechanical |
| | Trip odometer (yes, no) | No |
| Charge indicator – type | | Telltale Lamp |
| Temperature indicator – type | | " " |
| Oil pressure indicator – type | | " " |
| Fuel indicator – type | | Electric Gage |
| Other | Optional instrument cluster with temperature, ammeter & oil pressure telltales replaced with gages plus a tachometer. | |
| Wind-shield wiper | Type – Standard | Two-Speed Electric |
| | Type – Optional | None |
| Wind-shield washer | Type – Standard | Electric - Pump Integral with Wiper Motor |
| | Type – Optional | None |
| Horn | Type | Solenoid |
| | Number used | 1 Std. (a) |
| | Amp draw (each) | 4.3 to 5.9 @ 12.5 V. |

| | |
|--|-------------|
| DRIVE UNITS – CLUTCH (Manual Transmission) 6-Cyl. Engines | V-8 Engines |
|--|-------------|

| | | |
|-----------------------------|-------------------------------------|--|
| Make & type | Own-Dry | |
| Type pressure plate springs | Disc Spring | |
| Total spring load (lb.) | 2050 (b) | |
| No. of clutch driven discs | One | |
| Clutch facing | Material | Woven Molded Asbestos |
| | Outside & inside dia. | 10.0 x 6.0 (c) |
| | Total eff. area (sq.in.) | 82.93 (c) |
| | Thickness | .135 (c) |
| | Engagement cushioning method | Driven Plate Waved Spoke Springs |
| Release bearing | Type & method of lubrication | Ball Thrust - Prepacked & Sealed |
| Torsional damping | Methods: springs, friction material | Coil Springs and Metal to Metal Friction |

- (a) Second horn included with Custom Trim option.
- (b) 2350# pressure on Firebird Sprint and Firebird 400.
- (c) Firebird Sprint uses 10.4 x 6.5 driven plate with 80.56 effective area and .140 facing thickness.

AMA Specifications—Passenger Car

| | | | | | | |
|-------------|----------|------------|----------|-------------|----------|-------------|
| MAKE OF CAR | Pontiac | MODEL YEAR | 1968 | DATE ISSUED | 8-23-67 | REVISED (e) |
| MODEL | FIREBIRD | FIREBIRD | FIREBIRD | FIREBIRD | FIREBIRD | FIREBIRD |
| | | SPRINT | 350 | H.O. | 400 | |

DRIVE UNITS – TRANSMISSIONS

| | |
|--------------------------------------|-------------|
| Manual 3-speed (std. or opt.) | Standard |
| Manual 4-speed (std. or opt.) | Optional |
| Manual with overdrive (std. or opt.) | Not Offered |
| Automatic (std. or opt.) | Optional |

DRIVE UNITS – MANUAL TRANS.

| | | 3-Speed | | | 4-Speed | |
|------------------------------------|----------------------|---------------------------|------------|-------------|---------|------------|
| | | 6-Cyl. (a) | 350 V-8(b) | All V-8(c) | 6 Cyl. | All V-8(d) |
| Transmission ratios | In first | 2.85:1 | 2.54:1 | 2.42:1 | 2.85:1 | 2.52:1 |
| | In second | 1.68:1 | 1.50:1 | 1.61:1 | 2.02:1 | 1.88:1 |
| | In third | 1.00:1 | 1.00:1 | 1.00:1 | 1.35:1 | 1.46:1 |
| | In fourth | -- | -- | -- | 1.00:1 | 1.00:1 |
| | In reverse | 2.95:1 | 2.63:1 | 2.33:1 | 2.85:1 | 2.59:1 |
| Synchronous meshing, specify gears | | All Forward | | | | |
| Shift lever location | | (a) | (b) | Floor Shift | | |
| Capacity (pt.) | | 3.5 | | 2.8 | 3.5 | 2.5 |
| Lubricant | Type recommended | Type A - Extreme Pressure | | | | |
| | SAE viscosity number | 80 or 90 | | | | |
| | Summer | 80 or 90 | | | | |
| | Winter | 80 or 90 | | | | |
| | Extreme cold | 80 or 90 | | | | |

DRIVE UNITS – MANUAL TRANS. W/OVERDRIVE

(For transmission data see manual transmission section)

| | |
|---|---------------------------------|
| Type (planetary or other) | Not Offered |
| Manual lockout (yes, no) | |
| Downshift accelerator control (yes, no) | |
| Minimum cut-in speed | |
| Gear ratio | |
| Lubricant | Capacity (pt.) (Overdrive only) |
| | Separate filler (yes, no) |
| | Type recommended |
| | SAE viscosity number |
| | Summer |
| Winter | |
| | Extreme cold |

- (a) Column shift standard - floor shift optional (standard on Firebird Sprint).
 (b) Available with standard column shift only.
 (c) Standard on 400 cu. in. V-8 includes floor shift - optional on 350 cu. in. V-8.
 (d) Special order close ratio transmission (2.20:1, 1.64:1, 1.28:1, 1.00:1 and 2.27:1 R) available with 3.9:1 rear axle ratio on Firebird 400 only.

AMA Specifications—Passenger Car

| | | | | | | |
|-------------|---|-------------------------------------|------|-------------|---------|-------------|
| MAKE OF CAR | Pontiac | MODEL YEAR | 1968 | DATE ISSUED | 8-23-67 | REVISED (•) |
| MODEL | Firebird with 250 and 350 cu. in. Engine | Firebird with 400 cu. in. Engine | | | | |

DRIVE UNITS – AUTOMATIC TRANSMISSION

| | | | | | | | | | | | | | | | | |
|---|--|-------------------|-------------------------|---|------|--------------|----------|---|---|---|---|---|------|----------------------|--------------|----------|
| Trade name | Automatic | Turbo Hydra-Matic | | | | | | | | | | | | | | |
| Type describe | Torque Converter | | | | | | | | | | | | | | | |
| Selector location | Steering Column (c) | | | | | | | | | | | | | | | |
| List gear ratios Selector Pattern and indicate which are used in each selector position | <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">R</td> <td style="text-align: center;">D</td> <td style="text-align: center;">L</td> </tr> <tr> <td style="text-align: center;">1.76</td> <td style="text-align: center;">1.76 1.00</td> <td style="text-align: center;">1.76 (a)</td> </tr> </table> | R | D | L | 1.76 | 1.76 1.00 | 1.76 (a) | <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">R</td> <td style="text-align: center;">D</td> <td style="text-align: center;">S</td> <td style="text-align: center;">L</td> </tr> <tr> <td style="text-align: center;">2.08</td> <td style="text-align: center;">2.48 1.48 1.00</td> <td style="text-align: center;">2.48 1.48</td> <td style="text-align: center;">2.48 (b)</td> </tr> </table> | R | D | S | L | 2.08 | 2.48 1.48 1.00 | 2.48 1.48 | 2.48 (b) |
| | R | D | L | | | | | | | | | | | | | |
| 1.76 | 1.76 1.00 | 1.76 (a) | | | | | | | | | | | | | | |
| R | D | S | L | | | | | | | | | | | | | |
| 2.08 | 2.48 1.48 1.00 | 2.48 1.48 | 2.48 (b) | | | | | | | | | | | | | |
| | 6 Cyl. Engines | V-8 Engines | 400 cu. in. V-8 Engines | | | | | | | | | | | | | |
| Max. upshift speed—drive range | 80 mph | 73 mph | 78 mph | | | | | | | | | | | | | |
| Max. kickdown speed—drive range | 75 mph | 68 mph | 3-2 @ 70, 3-1 @ 29 mph | | | | | | | | | | | | | |
| Torque converter | Number of elements | | | | | | | | | | | | | | | |
| | Three | | | | | | | | | | | | | | | |
| | Max. ratio at stall | | 2.3:1 | | | | | | | | | | | | | |
| | Type of cooling (air, liquid) | | | | | | | | | | | | | | | |
| Lubricant | Nominal diameter | | 12.5 | | | | | | | | | | | | | |
| | Capacity—refill (pt.) | | 19 (Approx.) | | | | | | | | | | | | | |
| | Type recommended | | | | | | | | | | | | | | | |
| Special transmission features | GM Dexron Automatic Transmission Fluid | | | | | | | | | | | | | | | |
| | Shift lever must be lifted over stop to enter "Park", "Reverse" and "Low" ("S" on 400) positions. Engine starting on "Neutral" and "Park" positions provided for. | | | | | | | | | | | | | | | |

DRIVE UNITS – PROPELLER SHAFT

| | | |
|--|------------------------|---------------------|
| Number used | One | |
| Type (straight tube, tube-in-tube, internal-external damper, etc.) | Straight Tube | |
| Outer diam. x length* x wall thickness | Manual 3-speed trans. | 2.75 x 49.96 x .065 |
| | Manual 4-speed trans. | 2.75 x 49.96 x .065 |
| | Overdrive transmission | Not Available |
| | Automatic transmission | 2.75 x 49.96 x .065 |

* Center to center of universal joints, or to centerline of rear attachment.

(Continued)

- (a) Total transmission torque multiplication in first gear is 4.93:1 with 6 cyl. and 350 HO engine, 4.4:1 with 350 cu. in. 2 bbl. carburetor engine.
- (b) Total transmission torque multiplication in first gear is 5.7:1.
- (c) Floor - with optional console.

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED ^(a)

| | | | | | |
|-------|----------|--------------------|-----------------|-------------------|-----------------|
| MODEL | FIREBIRD | FIREBIRD SPRINT | FIREBIRD 350 | FIREBIRD H. O. | FIREBIRD 400 |
|-------|----------|--------------------|-----------------|-------------------|-----------------|

DRIVE UNITS – PROPELLER SHAFT (cont.)

| | | |
|---|------------------------------------|-----------------------------|
| Inter-mediate bearing | Type (plain, anti-friction) | Not Used |
| | Lubrication (fitting, prepack) | Not Used |
| Slip Yoke | Type | Splined |
| | Number of teeth | 27 |
| | Spline O.D. | 1.175 |
| Universal joints | Make and Mfg. No. | Saginaw - Size 44 (Regular) |
| | Number used | Two |
| | Type (ball and trunion, cross) | Cross |
| | Rear attach. (u-bolt, clamp, etc.) | U-Bolt |
| | Bearing | Type (plain, anti-friction) |
| Lubric. (fitting, prepack) | | Prepacked |
| Drive taken through (torque tube or arms, springs) | | Springs |
| Torque taken through (torque tube or arms, springs) | | Springs |

DRIVE UNITS – AXLE

| | | |
|-----------------------------------|-----------------------------|----------------|
| Type (front, rear) | Rear | |
| Description | Semi-Floating Hypoid | |
| Limited Slip differential, type | Spring Loaded Clutch (Opt.) | |
| Drive Pinion Offset | 1.50 | |
| No. of differential pinions | 2 | |
| Pinion adjustment (shim, other) | Shim | |
| Pinion bearing adj. (shim, other) | Collapsible Spacer | |
| Wheel bearing type | Single Row Ball Bearing | |
| Lubricant | Capacity (pt.) | 3 |
| | Type recommended | A-9 Hypoid (a) |
| SAE viscosity number | Summer | 80-90 |
| | Winter | 80-90 |
| | Extreme cold | 80-90 |

AXLE RATIO TOOTH COMBINATIONS

(See page 3 for axle ratio usage)

| | | | | | | | | | | |
|----------------|-----------|--------|--------|--------|--------|--------|--------|--------|--------|-----|
| Axle ratio | 2.41:1 | 2.56:1 | 2.78:1 | 2.93:1 | 3.08:1 | 3.23:1 | 3.36:1 | 3.55:1 | 3.90:1 | 4.3 |
| No. of teeth | Pinion | 17 | 16 | 14 | 14 | 13 | 13 | 11 | 11 | 10 |
| | Ring gear | 41 | 41 | 39 | 41 | 40 | 42 | 37 | 39 | 39 |
| Ring Gear O.D. | 8.125 | | | | | | | | | |

(a) Special lubricant required with limited slip differential.

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (*)

| | | | | | |
|-------|-----------------|------------------------|---------------------|-----------------------|---------------------|
| MODEL | <u>FIREBIRD</u> | <u>FIREBIRD SPRINT</u> | <u>FIREBIRD 350</u> | <u>FIREBIRD H. O.</u> | <u>FIREBIRD 400</u> |
|-------|-----------------|------------------------|---------------------|-----------------------|---------------------|

DRIVE UNITS - WHEELS

| | | |
|--------------------------|---------------------|--------------|
| Type & material | Disc - Steel | |
| Rim (size & flange type) | Std. | 14 x 6 (a) |
| | Opt. | None |
| Attachment | Type (bolt or stud) | Bolt |
| | Circle diameter | 4.75 |
| | Number and size | 5, 7/16 - 20 |

MODEL _____

DRIVE UNITS - TIRES

| | | | | |
|----------|-----------------------------|--|---|--|
| Standard | Size, ply rating, & ply | <u>E70 x 14 (b)</u> | <u>F70 x 14 (b)</u> | |
| | Type (bias, radial, etc.) | Bias | | |
| | Full rated Inflation Press. | Front | <u>24 (Full Load) - 24 (Reduced Load)</u> | |
| | | Rear | <u>28 (Full Load) - 24 (Reduced Load)</u> | |
| | Rev./Mile at 50 MPH | <u>807</u> | <u>790</u> | |
| Optional | Size, ply rating, & ply | <u>F70 x 14 (b)</u> <u>195 R x 14 Radial, 2 Ply Carcass - 4 Ply Tread, Type A</u> | | |

BRAKES - PARKING

| | | |
|---------------------------------|--|--------------|
| Type of control | Foot Lever Application - Hand Pull Release | |
| Location of control | Below Instrument Panel at Left | |
| Operates on | Rear Service Brakes | |
| If separate from service brakes | Type (internal or external) | Not Separate |
| | Drum diameter | Not Separate |
| | Lining size (length x width x thickness) | Not Separate |

- (a) On four road wheels - std. Space Saver Spare tire is on 14 x 5 rim wheel.
 (b) 2 Ply - 4 Ply rated. Std. spare tire size is 7.35 x 14 - space saver type.

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (*)

| | | | | | |
|-------|----------|-----------------|--------------|----------------|--------------|
| MODEL | FIREBIRD | FIREBIRD SPRINT | FIREBIRD 350 | FIREBIRD H. O. | FIREBIRD 400 |
|-------|----------|-----------------|--------------|----------------|--------------|

BRAKES – SERVICE

| | | | | | | |
|--|---|--|---------------------|----------------------------|------------------------|-------------------|
| Type (drum or disc) | | Drum - Std. | | Front Disc - Opt. | | |
| Self adjusting (std., opt., N.A.) | | | | Standard | | |
| Power brake make & type (remote, int., etc.) | Std. | -- | | | | |
| | Opt. | Delco-Moraine, Integral Type, Vacuum Suspended | | | | |
| Effective area (sq. in.)* | | 149.4 | | 101.9 | | |
| Gross lining area (sq. in.)** | | 155.5 | | 109.1 | | |
| Swept area (sq. in.)*** | | 269.2 | | 323.6 | | |
| Percent brake effectiveness – front | | 62.6 | | 62.6 | | |
| Drum or Disc | Diameter (nominal) | Front | 9.5 | | 11.12 | |
| | | Rear | 9.5 | | | |
| Drum or Disc | Type and material | | Cast Alloy Iron | | | |
| | Disc (vented or solid) | | -- | | Vented | |
| | No. pistons per caliper | | -- | | 4 | |
| Wheel cylinder bore | Front | | 1.125 | | 2.062 | |
| | Rear | | .875 | | | |
| Master Cylinder | Bore | | 1.00 | | 1.125 | |
| | displacement distribution | Front % | 59 | | 69 | |
| | | Rear % | 41 | | 31 | |
| Disc Brk. Valve | Type (proportion, delay, metering, other) | | -- | | Metering-Type Delay | |
| Pedal arc ratio | | 6.3:1 (Manual) - 3.4:1 (Power) | | | | |
| Line pressure at 100 lb. pedal load | | 700 Manual, 900 Power Opt. | | 575 Manual, 800 Power Opt. | | |
| Shoe clearance adjustment | | (a) | | Spring Loaded | | |
| Brake lining | Drum or Disc | | Drum | | Disc Front - Drum Rear | |
| | Bonded or riveted | | Riveted | | | |
| | Front Wheel | Material | | Molded Asbestos | | |
| | | Size (length x width x thickness) | Prim. or out-board | 7.6 x 2.5 x .196 | | 5.95 x 1.75 x .40 |
| | | | Second. or in-board | 9.85 x 2.5 x .265 | | 5.95 x 1.75 x .40 |
| | | Segments per shoe | | One | | |
| | Rear Wheel | Material | | Molded Asbestos | | |
| Size (length x width x thickness) | | Prim. or out-board | 7.6 x 2.0 x .196 | | | |
| | | Second. or in-board | 9.85 x 2.0 x .265 | | | |
| Segments per shoe | | One | | | | |

* Excludes rivet holes, grooves, chamfers, etc. ** Includes rivet holes, grooves, chamfers, etc.

*** Total swept area for four brakes. (Widest lining contact width for each brake x its contact circumference.)

(a) Tighten drum brakes to heavy drag then back off 26 notches.

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (*)

| | | | | | |
|-------|----------|-----------------|--------------|---------------|--------------|
| MODEL | FIREBIRD | FIREBIRD SPRINT | FIREBIRD 350 | FIREBIRD H.O. | FIREBIRD 400 |
|-------|----------|-----------------|--------------|---------------|--------------|

STEERING

| | | | | |
|--|---|--|---|--|
| Manual (std., opt., NA) | | Standard | | |
| Power (std., opt., NA) | | Optional | | |
| Adjustable steering wheel (tilt, swing, other) | Type and description | Tilting Wheel - Adjusts Vertically - Seven Positions | | |
| | (std., opt., NA) | Optional | | |
| Wheel diameter | Manual | 15.25 x 16.0 | | |
| | Power | 15.25 x 16.0 | | |
| Turning diameter (feet) | Outside front | Wall to wall (l. & r.) | 40.8 | |
| | | Curb to curb (l. & r.) | 38.5 | |
| | Inside rear | Wall to wall (l. & r.) | 22.5 | |
| | | Curb to curb (l. & r.) | 23.0 | |
| Outside whl. angle with inside whl. at 20° | | | | |
| Manual | Gear | Type | Recirculating Ball Bearing | |
| | | Make | Saginaw | |
| | Ratios | Gear | 24:1 (a) | |
| | | Overall | 24:1 (a) | |
| | No. wheel turns | | 4.7 - Lock to Lock | |
| Power | Type (coaxial, linkage, etc.) | | Coaxial | |
| | Make | | Saginaw | |
| | Gear | Type | Recirculating Ball Bearing | |
| | | Ratios | 17.5:1 | |
| | | Overall | 17.5:1 | |
| | Pump driven by | | Belt from Crankshaft | |
| | Number wheel turns | | 3.4 - Lock to Lock | |
| Linkage | Type | | Link Parallelogram | |
| | Location (front or rear of wheels, other) | | Rear of Wheels | |
| | Drag link (trans. or longit.) | | Transverse Strg. Rod Connects Tie Rods, Pitman & Idler Arms | |
| | Tie rods (one or two) | | Two | |
| Steering Axis | Inclination at camber (deg.) | | 8 1/4 to 9 1/4 | |
| | Bearings (type) | Upper | Ball Joint | |
| | | Lower | Ball Joint | |
| | Thrust | | Spring Load Taken By Lower Ball Joint | |
| Whl. Align. (range at curb wt. & preferred) | Caster (deg.) | | 0 to 1° Pos. | |
| | Camber (deg.) | | 1/4° Neg. to 3/4° Pos. | |
| | Toe-in (outside track inches) | | 1/8 to 1/4 | |
| Steering spindle & joint type | | Reverse Elliott - Ball Joint | | |
| Wheel Spindle | Diameter | Inner bearing | 1.249 | |
| | | Outer bearing | .749 | |
| | Thread size | | 3/4 - 20 | |
| | Bearing type | | Taper Roller | |

(a) 28:1 with combined V-8 engine and air conditioning (5.4 turns lock to lock).

AMA Specifications—Passenger Car

| | | | | | | |
|-------------|----------|-----------------|--------------|---------------|--------------|-------------|
| MAKE OF CAR | Pontiac | MODEL YEAR | 1968 | DATE ISSUED | 8-23-67 | REVISED (e) |
| MODEL | FIREBIRD | FIREBIRD SPRINT | FIREBIRD 350 | FIREBIRD H.O. | FIREBIRD 400 | |

SUSPENSION – GENERAL

(See Supplement page for details on Air Suspension)

| | |
|------------------------------------|--|
| Provision for car leveling | None |
| Provision for brake dip control | Front Suspension Geometry |
| Provision for acc. squat control | Rear Suspension Geometry |
| Special provisions for car jacking | Jack Locating Provisions on Front and Rear Bumpers |
| Shock absorber front & rear | Direct Acting - Two Way |
| Type | Delco |
| Make | 1.00 |
| Piston dia. | |
| Other special features | Firm Control Shock Absorbers Included in Firm Ride and Handling Option |

SUSPENSION – FRONT

| | | |
|----------------------|---|--------------------------------|
| Type and description | Ball joint independent front suspension with upper and lower control arms mounted on rubber bushings. | |
| Spring | Type | Coil |
| | Material | Alloy Steel |
| | Size (coil design height & I.D. bar length x dia.) | 11.40 x 3.60 |
| | Spring rate (lb. per in.) | 275 Std. 22337 - 320 & 345 (a) |
| | Rate at wheel (lb. per in.) | 73 Std. 22337 - 85 & 92 (a) |
| Stabilizer | Type (link, linkless, frameless) | Link |
| | Material & bar diameter | Alloy Steel, .6875 |

SUSPENSION – REAR

| | | |
|--------------------------------|---|--|
| Type and description | Hotchkiss Drive | |
| Drive and torque taken through | Rear Springs | |
| Spring | Type | Multi-Leaf |
| | Material | Alloy Steel |
| | Size (length x width, coil design height & I.D.; bar length & dia.) | 56.0 x 2.50 |
| | Spring rate (lb. per in.) | 82 Std. 22337 - 79, 89, 99, 118 & 122 (a) |
| | Rate at wheel (lb. per in.) | 83 Std. 22337 - 80, 90, 100, 119 & 123 (a) |
| | Mounting insulation type | Rubber Bushings |
| | If leaf | No. of leaves |
| Stabilizer | Shackle (comp. or tens.) | Compression |
| | Type (link, linkless, frameless) | Not Used |
| | Material | None |
| Track bar type | Not Used | |

(a) Alternate springs used as required for body styles and optional equipment.

AMA Specifications—Passenger Car

| | | | | | | | | |
|--------------------|----------|-----------------|-------------------|----------------|--------------------|---------|--------------------|--|
| MAKE OF CAR | Pontiac | | MODEL YEAR | 1968 | DATE ISSUED | 8-23-67 | REVISED (e) | |
| MODEL | FIREBIRD | FIREBIRD SPRINT | FIREBIRD 350 | FIREBIRD H. O. | FIREBIRD 400 | | | |

FRAME

| | |
|---|---|
| Type and description (Separate frame, unitized frame, partially - unitized frame) | Integral Body - Frame Combination with Separate Ladder Type Front Frame Section |
|---|---|

BODY - MISCELLANEOUS INFORMATION

| | | |
|--|-------------------|---|
| Drs. hinged (front, rr.) | Front doors | Front |
| | Rear doors | -- |
| Type of finish (lacquer, enamel, other) | | Acrylic Lacquer |
| Hood counterbalanced (yes, no) | | Yes |
| Hood release control (internal, external) | | External |
| Vehicle Ident. No. location | | Left Front Edge of Instrument Panel - Visible Through Windshield |
| Engine No. location | | Top of Cylinder Block on R.H. Side Near Oil Filler (a) |
| Theft protection - type | | Door locks, ign. sw. terminals covered by locked-on conn. body key in lock warning signal, key starter control with in-harness wiring from sw. to starter and coil. |
| Vent window control method (crank, friction pivot) | Front | No Vent Window |
| | Rear | No Vent Window |
| Seat cushion type | Front | Zig-Zag Spring with Foam Pad |
| | Rear | Zig-Zag Spring with Cotton Pad |
| | 3rd seat | -- |
| Seat back type | Front | Zig-Zag Spring with Foam Pad |
| | Rear | Zig-Zag Spring with Cotton Pad |
| | 3rd seat | -- |
| Windshield glass type (i.e., single curved - laminated plate) | | Single Curved Laminated Safety Plate |
| Side glass type (i.e., curved - tempered plate) | | Curved Tempered Safety Plate |
| Backlight glass type (i.e., compound curved - tempered plate, three piece) | | Curved Tempered Safety Plate (b) |
| | BODY STYLE | |
| Windshield glass exposed surface area | 22337 | 22367 |
| Side glass exposed surface area | 1032.6 | 990.5 |
| Backlight glass exposed surface area | 673.9 | 744.3 |
| Total glass exposed surface area | 819.2 | 834.0 |
| | 2525.7 | 2568.8 |

- (a) Front of R.H. cylinder bank on V-8 engines.
- (b) Flexible plastic on convertible.

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (e)

| | | | | | |
|--------------|----------|-----------------|--------------|----------------|--------------|
| MODEL | FIREBIRD | FIREBIRD SPRINT | FIREBIRD 350 | FIREBIRD H. O. | FIREBIRD 400 |
|--------------|----------|-----------------|--------------|----------------|--------------|

CONVENIENCE EQUIPMENT

(Indicate whether standard, optional or NA on each series)

| | | |
|--|-----------------------|--|
| Power windows | Side windows | Optional |
| | Vent windows | Not Offered |
| | Backlight or tailgate | Not Offered |
| Power seats (specify type as well as availability) | | Not Offered |
| Reclining front seat back (R-L or both) | | Not Offered |
| Front seat head restrainer (R-L or both) | | Optional |
| Radios (specify type as well as availability) | | Optional: AM Push Button, AM-FM Push Button |
| Rear seat speaker | | Optional |
| Power antenna | | Not Offered |
| Clock | | Optional |
| Air conditioner (specify type and availability) | | Optional: Reheat Cycle with Bi-Level Air Distribution System |
| Speed warning device | | Safeguard Speedometer - Optional |
| Speed control device | | Optional on cars with V-8 Engine and Auto. Trans. Comb. |
| Ignition lock lamp | | Optional |
| Dome lamp | | Standard on Hardtop Coupe - Not Offered on Conv. |
| Glove compartment lamp | | Standard |
| Luggage compartment lamp | | Optional |
| Underhood lamp | | Optional |
| Courtesy lamp | | Standard |
| Map lamp | | Not Offered |
| Auto. trans. quad. lamp | | Standard |
| Cornering light lamp | | Not Offered |
| Stereo Tape Player | | Available with all Radio Installations (a) |
| Manual Antenna | | Front Mounted; Included with Radio, Rear Mounted - Optional |
| Power Operated Top | | Optional on Convertible |
| Rear Window Defogger | | Optional |
| Tachometer | | Hood Mounted: Optional |

LAMP HEIGHT AND SPACING

| | | | |
|---|-------------|-----------|--------------------|
| Height above ground to center of bulb or marker | Headlamp | Highest * | 24.4 |
| | | Lowest | 24.4 |
| | Tail | Highest | 25.6 |
| | | Lowest | 25.6 |
| Sidemarker | Front | 16.9 | |
| | Rear | 20.9 | |
| Distance from C/L of car to center of bulb | Headlamp | Inside | 17.9 |
| | | Outside * | 24.2 |
| | Tail | Inside | 15.25 |
| | | Outside | 25.25 |
| | Directional | Front | 25.52 |
| | | Rear | Same as Tail Lamps |

* If single headlamps are used enter here.

(a) Not available with console together with air conditioning.

AMA Specifications—Passenger Car

MAKE OF CAR Pontiac MODEL YEAR 1968 DATE ISSUED 8-23-67 REVISED (e)

ESTIMATED WEIGHTS

| Model | CURB WEIGHT - POUNDS | | | % PASS. WEIGHT DISTRIBUTION | | | | SHIPPING WEIGHT |
|---|----------------------|------|-------|-----------------------------|------|---------------|------|-----------------|
| | Front | Rear | Total | Pass. In Front | | Pass. In Rear | | |
| | | | | Front | Rear | Front | Rear | |
| FIREBIRD | | | | | | | | |
| Hardtop Coupe 22337 | | | | | | | | 3032 |
| Convertible 22367 | | | | | | | | 3294 |
| FIREBIRD SPRINT | | | | | | | | |
| Hardtop Coupe 22337 | | | | | | | | 3087 |
| Convertible 22367 | | | | | | | | 3349 |
| FIREBIRD 350 | | | | | | | | |
| Hardtop Coupe 22337 | | | | | | | | 3188 |
| Convertible 22367 | | | | | | | | 3460 |
| FIREBIRD 350 HO | | | | | | | | |
| Hardtop Coupe 22337 | | | | | | | | 3226 |
| Convertible 22367 | | | | | | | | 3498 |
| FIREBIRD 400 | | | | | | | | |
| Hardtop Coupe 22337 | | | | | | | | 3303 |
| Convertible 22367 | | | | | | | | 3575 |
| Accessories & Equipment Differential Weights | | | | | | | | |
| Automatic Trans. | | | -10 | With OHC L-6 Engines | | | | |
| Automatic Trans. | | | - 4 | | | | | |
| Automatic Trans. | | | +32 | With 350 V-8 Engines | | | | |
| 400 HO Engine Opt. | | | + 0 | | | | | |
| 400 Ram Air Eng. Opt. | | | + 0 | With 400 V-8 Engines | | | | |
| Power Steering | | | +29 | | | | | |
| Power Brakes | | | +10 | Increase over Firebird 400 | | | | |
| Air Conditioning | | | +117 | | | | | |
| Air Conditioning | | | +123 | With 350 & 400 V-8 Engines | | | | |
| Radio & Man. Antenna | | | + 9 | | | | | |

Remarks